UNIMAS
UNIVERSITI MALAYSIA SARAWAK

FACULTY OF
COGNITIVE SCIENCES &
HUMAN DEVELOPMENT

FCSHD HEPA CALENDAR

SEMESTER 2, 2025/2026

pmfskpm fcshdofficial

ROS No.: PPM-017-13-27052025

Indicator

- PMFSKPM
- HRD CLUB
- CNC CLUB
- PERSEPSI
- PERAMAH

APRIL

1 APR	*HRD Kayak with Us*
4 APR	*Hooked on Campus*
4-5 APR	Karnival Sukan FSKPM Vol.1
4-11 APR	*Neoro No-Code Hackathon 2026*
6 APR	*HRD Healthy Lifestyle Challange*
7-9 APR	*PERSEPSI PlayFest*
8 APR	*SkillShift Accelerator 1.0*
8 APR	*HRD Internship Talk 2.0*
8 APR	*HRD Smach with Us*
9 APR	PERSEPSI Preloved Sale
10 APR	Neuroinsight: *Visit to Sarawak General Hospital*
11 APR	HikeFest Adventure @ Taman Negara Gunung Gading
11 APR	*1000 Steps with CNC @ Bung Jagoi*
11 APR	*HRD Hiking 1.0*
11 APR	Mind Scape: *Monthly Awareness Talk Series 2026*
11 APR	*Nature Walk (Sama Jaya Forest Park)*
12 APR	*HRD Plogging Day 1.0*

APRIL

The Serenity Step Week	13 - 17 APR
HRD X PMFSKPM Basic Life Support (BLS) Workshop	14 APR
SkillShift Accelerator 2.0	15 APR
The AI Era: Skills and Career Insights	15 APR
HRD Walk with Us	15 APR
Podcast: Psych 101	17 APR
Kembara Borneo: Jalinan Komuniti, Aspirasi Lestari	17-25 APR

18 APR	*Neural Path Fun Run*
18 APR	*Healing by the Waterfall*
18 APR	*Study Buddy 3.0 (Session 1)*
18-19 April	*HRD Microsoft Program*
20-24 APR	*Vortex 2026*
22 APR	*HRD Kayak with Us*
24-25 APR	HRD Young Executive Bootcamp
24-26 APR	*Community Outreach Vol 2 @ Jalinan Kasih di Kampung Benuk*
26 APR	*HRD Community Service*
30 APR	Healing Artscape

MEI

2 MEI	*Healing Minds, Nurturing Community*
2 MEI	*Simfoni Golden Heart Project*
2 MEI	*HRD X PERAMAH Sports Carnival*
5 MEI	*HRD Open Day*
6 MEI	*HRD Walk with Us*
7 - 10 MEI	Project Aspirasi Anak Kenyalang: PERSEPSI x KDKK
9 MEI	*HRD Club Team Building*
9 - 12 MEI	*UNIMAS X NUS Campus Connect: Cultural Exchange*
13 MEI	Soul Sketch
13 & 14 MEI	*UNIMAS X TEMASEK POLYTECHNIC: BEYOND BORDERS*
15-16 MEI	Jelajah Seni Sejagat: The Palace of Cultural Expression
16 MEI	HRD Hiking 2.0
16 MEI	*Mind Scape: Monthly Awareness Talk Series*
16-17 MEI	*PERSEPSI's Family Day*
17 MEI	HikeFest Adventure @ Gunung Santubong
20 MEI	*HRD Safety Awareness Day*
22 MEI	*Podcast: Psych 101 (Session 2)*
30 MEI	*HRD Leadership Camp (SK)*

JUN

HRD Showcase 2026	3 JUN
Cultural Night	4 JUN
The CogSci Annual Grand GALA	6 JUN
Mind Scape: *Monthly Awareness Talk Series 2026*	6 JUN
HRD Hiking 3.0	6 JUN
Heart 2 Heart (Program End)	12 June

6 & 7 JUN	*Study Buddy 3.0*
19 JUN	Podcast: *Psych 101*

JULAI

18 JULAI	Mind Scape: *Monthly Awareness Talk Series 2026*

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